

IZZ RUSSELL: "MY EMPHASIS IS ON TIMELESS PIECES THAT CAN BE USED THROUGHOUT THE YEAR NOT LIMITED BY TRENDS OR SEASONS. PIECES THAT COMPLIMENT YOUR BODY CAN BE WORN WITH OTHER DESIGNS EASILY AND COMFORTABLY. I WANT MY CLIENTS TO KNOW THAT THE WAY THEY FEEL IN MY CLOTHING IS VERY IMPORTANT TO ME. THE ABILITY TO WEAR MY DESIGNS WITH OTHER DESIGNERS IS A COMPLIMENT TO MY WORK."

Lizz is gifted with the ability to create designs that transcend the cyclical trends seen in today's fashion. She has established her place in jewelry, evening gowns, and her famous Rose Handbags. Lizz feels the pulse of fashion and has mastered the art of dressing her clients in timeless attire regardless of the season and body shape. Her creations compliment your body so they can be worn with other designers easily and comfortably.

Lizz began designing at 12-years old and a few years later stepped into her journey of fashion as a student at Mesa College in San Diego, CA.

Annually, Lizz hosts a luxurious Spring & Summer fashion show in the elegant Versailles Ballroom at The Westgate Hotel located in the heart of downtown San Diego. The fashion show, Cocktails and Couture, honors the GBS/CIDP

THE BEAUTY OF FASHION & COMPASSION

Foundation International and a portion of the show's proceeds is donated to them. Lizz is a Guillain-Barré Syndrome survivor and a liaison leader of the GBS/CIDP San Diego Chapter. While unfamiliar to most, GBS and CIDP are disorders characterized by a weakness, and sometimes paralysis, of the legs, arms, breathing muscles, and face.



Lizz Russell International Fashion Designer, Patient Advocate Entrepreneur, Author, Publisher, Speaker & Consultant

Cover and above photos by Danielimages.com

More than a designer, Lizz Russell is also an inspirational storyteller. She recently released an autobiography entitled, "Smiling On The Inside." Lizz tells her amazing story in a frank and honest way that resonates in the heart of anyone who has faced sudden illness, affliction, or devastating disease. Lizz was an aspiring fashion designer when GBS attacked her nervous system. Today she extensively travels across the nation as a successful entrepreneur and tells her story of survival in ways that give inspiration to every listener. Lizz's book is currently available in selected bookstores, Amazon.com, and on her website, http://www.lizzrussell.com.

Shortly following the release of her book in the Spring of 2015, Lizz was broadly acclaimed by The Christian Literary Awards of Frisco, TX as the recipient of the "Henri Award" for Outstanding Literary Work.

The Lizz Russell Collection Models Magnifique!

Keji Kubari Kim Covert Forest Fischer Chida Rebecca Maya Young Kima Christelle Tachon Mallory Eberlin Nan Pieper Lil Friends Lexus Jackson of Survivors Chanel Ross **New Kids Collection** Nakisha Jones Lavla Miller Kelly Lenahan Te'Naia Miller Tatiana Slepova Eliza Kovalivker Clarissa Evans Brielle Hubbard Antoinette Love Ransom



Interested in booking a private trunk show, private viewing, book signing or a special engagement? Go to http://lizzrussell.com. Ask about corporate gifting ideas.

THE LIZZ RUSSELL COLLECTION

Lizz Russell
For appointment
619-750-8778
everywoman@lizzrussell.com

www.lizzrussell.com www.twitter.com/thelrcollection ww.facebook.com/lizzrussellcollectior

CELEBRITY GUEST & HOST

After a childhood of calling both coasts home, Margo was fortunate to travel extensively, including the regions of South Pacific, the Orient, Europe and Africa.

MARGO SCHWAB, MBA

PUBLISHER OF THE SOCIAL DIARY

FILM AND TELEVISION

ENTREPRENEUR & ANIMAL RIGHTS

Upon finishing her formal schooling with a Masters of

Business Administration focused on International Marketing, she found her voice as a print and television reporter for society, fashion, and cooking. And now is Publisher of the prestigious, THE SOCIAL DIARY, which are books gilded in gold and filled with the fun and fabulous attending charitable events. One of the standouts she met along the way was International Designer Lizz Russell whom she fondly



nicknamed, 'La Lizz!' Margo immediately connected to Lizz's design talents for their international flair and comfortable sexy but classic appeal. A longtime devotee, Margo applauds and supports Lizz's charitable side too; in particular, for GBS. In addition, Margo supports animal causes including Rancho Coastal Humane Society, the Petco Foundation, Lions, Tigers and Bears, Equine Protection HSUS, Last Chance for Animals, Coalition for Pets, and SNAP aka Spay and Neuter.

Currently, Margo is in production playing legendary designer Donatella Versace for Max Vogue The Musical, which will headline the La Jolla International Fashion Film Festival. After which it will screen at fashion film festivals worldwide! Margo has enjoyed the spotlight of worldwide hits like Baywatch and the mega surf movie, Step Into Liquid!

Margo is a devoted wife to Scott Johnston and fur daughter, KIMA, known famously as Red Carpet KIMA!!!. Visit socialdiarymargo@gmail.com for more information.



VIP GUEST & ANNOUNCER

KATHY DAVID, PRESIDENT & CEO, IT TECHPROS, INC. #WOMANINTECH, TECHNOLOGIST, SPEAKER AND FOUNDER OF ALPAS ATHLETIX, THE INVENTOR OF THE WORLD'S FIRST-EVER PATENT-PENDING DESIGN, A STRAPLESS SPORT-PERFORMANCE BRA

Kathy David is an immigrant from Cebu City, Philippines, who moved to the United States at the age of 12. She is a driven opportunity junkie who has founded two successful companies.

Her first company, IT TechPros, Inc., was founded in 2006 along with her husband, Jeff David. IT TechPros was an idea the couple discussed casually, and

the company was formed with the purpose to offer enterprise-level I.T. services and support to small companies. Their company is an award-winning Managed IT Services and Cyber Security Solutions and is recognized as one of the best I.T. services firm in their area.

Her second company is Alpas Athletix, a women's athleisure and fitness brand company. Kathy, a fitness enthusiast, was looking for a product she wanted for herself. So out of her own need, she created the product to use for herself. Soon to follow, she offered her creation to women all over the world, and Alpas Athletix was born! Kathy is the inventor of the "Alpas Bra," a patent-pending, world's first-ever strapless sports-performance bra. It's an alternative solution for women who hate getting tan lines on their chest, shoulders, and back that they get when wearing traditional sports bras while outdoors. Visit LinkedIn: www.linkedin.com/in/kathydavid for more information.

My GBS journey to recovery is not yet over, but the best is yet to come! 99

y name is Elizabeth Shank and I am 24 years old. Last July, I had my life halt when I was diagnosed with Guillain-Barre Syndrome and found myself unable to move from the neck down and on a feeding tube and ventilator within five days of entering the hospital. After 111 days of hospitalization, on October 19, 2017, I was able to walk out of rehab (a very short walk with my walker) and I finally found my way back home. It's been six months since I left the hospital and I have gone from looking at a parking lot and thinking, "I can't imagine walking across this, even with my walker," to hiking a six-mile muddy trail and only falling once. During my varying stages of this disease, I experienced an outpouring of support financially, emotionally, and spiritually from my healthcare providers and my community. To all of those who laid my foundation of support, I thank you. I never thought that I would feel so embraced by so many people. While in the hospital, I determined that I would spread awareness about GBS as a way to thank those who are supporting me in this journey towards full mobility and health. While in the hospital, I met Lizz Russell, a liaison from the GBS-CIDP Foundation and she made the disease seem like it could be conquered. I hope to do the same for someone else someday. My GBS journey to recovery is not yet over but the best is yet to come!. As Nelson Mandela stated, "It always seems impossible until it's done." 🛩



ELIZABETH SHANK **RECIPIENT** ROBERT & ESTELLE BENSON AWARD

A Very Special



Special Guests

Scott Johnston 1st San Diego Police Dept. Purple Heart Award Recipient Editor, San Diego Social Diary Books Husband of Margo

Marilyn Tedesco GBS-CIDP Advisor/Mentor Mother of a GBS patient

Dean Hall, Fashion Stylist Fox News, San Diego, CA

Special Guests - cont'd.

Gwendolyn Ware GBS-CIDP Hero GBS-CIDP Foundation Itnl.

Sonya Goodman Young Chesapeake, Virginia

Carolyn Citizen, Retired Modeling and Charm Instr. Dallas, Texas

Donations/Sponsors

Sonya Finley - visit: etsy.com/shop/saniCouture & sa-creatives.com Diana Cavagnaro, Hats The London Bakery Ricky Shina DJ Frankee Traxx Dean Curry, Photographer Indulge Hair Salon The Social Diary Neuropathy Action Foun. Cedar Concepts

A-Team Coordinators

Stephanie Capell, Stage Constance M. Perry, J.D., Talent Yona Eveline, Social Media Tenario Miller, Greeter Alon Parker, Lil Friends of Survrs Ricky Shina, Sponsors/Donors Paige Duffy, GBS Family JoAnne Duffy, GBS Family Vivian Williams, Production

Lizz's Swag Shop

Adrianne Lawson-Pope, Indulge Hair Salon, O'side Fashion Angels: April Williams, Nails by Angel Brittney Towner, B3 Jewelry

Make-up Artists

DeNelle, Owner Oncue Beauty, O'side Joanna Bass, Owner J.Michelle, S.D.

Support Team

Bilal Abdullah Johnny "The Jet" Rodgers Kenneth Parker Shawn Guy-Gerritsen David Gerritsen Marilyn Tedesco Alesia Clockwork Fair, PR Chida Rebbeca Myron Banks London Hubbard Amarius Pineyro Antonio Godwin Forest Fischer Sonya Goodman Young Kristi Pieper Sophia Lamagui Delois Bellamy Eric Rimmele

Hair Stylists

Auntaya Ware, Owner Auntaya Latrice Hair, S.D.

















